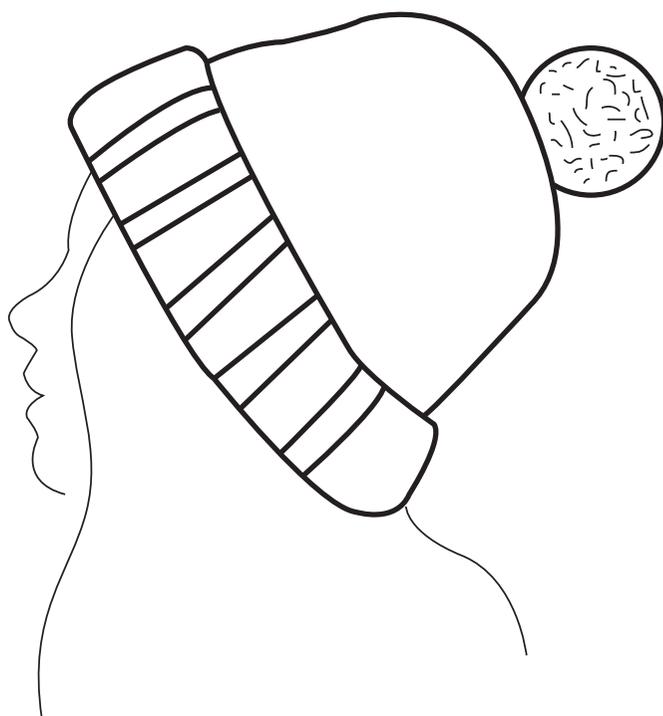


WOOL AND THE GANG

#MADEUNIQUE



MILA BEANIE

EASY

12MM (US17) CIRCULAR NEEDLES

TOOL KIT

- 1 ball of WATG's Crazy Sexy Wool
- 1 Mila Beanie pattern
- 1 set of 12mm (US17) 40cm/16" circular knitting needles
- 1 sewing needle

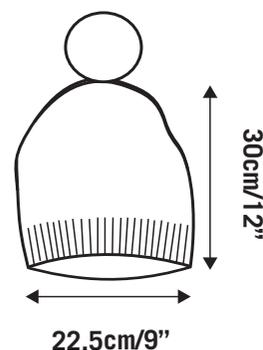
TENSION

To ensure your knitting has the same measurements as the pattern, it is a good idea to make a tension swatch before you start knitting your project. A tension swatch is a small sample of your knitting where you count the stitches and rows and check them against the tension measurement given in the pattern. If you get MORE stitches/rows than the pattern's tension, it means your knitting is tighter. If you get FEWER stitches/rows than the pattern, your knitting is looser. Sometimes, it works to knit **tighter** or **looser** to compensate.

Stocking stitch

- 10 cm/4" = 7 stitches
- 10 cm/4" = 10 row

MEASUREMENTS



ANY QUESTIONS?

Have you checked our video pages?
www.woolandthegang.com/videos
#WOOLANDTHEGANG

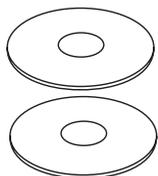
HOW TO MAKE YOUR MILA BEANIE

This beanie is knitted in the round from the bottom up, using circular needles.

- 1 Cast on 32 stitches using the long-tail cast on technique, and join to begin working in the round. Make sure you haven't twisted the cast on!
- 2 Work 7 rows in twisted rib stitch.
- 3 Work in stocking stitch until your hat measures 25cm/10" from the cast on edge (approx. a further 19 rounds).
- 4 **Decrease round:** Knit 1 stitch. ★ Knit 3 stitches, knit 2 stitches together. ★ Repeat the section inside the stars a further 5 times. Knit the last stitch. (26 stitches.)
- 5 Knit 1 round.
- 6 **Decrease round:** Knit 1 stitch. ★ Knit 2 stitches, knit 2 stitches together. ★ Repeat the section inside the stars a further 5 times. Knit the last stitch. (20 stitches.)
- 7 Knit 1 round.
- 8 **Decrease round:** Knit 1 stitch. ★ Knit 1 stitch, knit 2 stitches together. ★ Repeat the section inside the stars a further 5 times. Knit the last stitch. (14 stitches.)
- 9 Cut the yarn leaving a 25cm/10" tail. Thread your sewing needle with this and insert the needle through each of the stitches on your knitting needle. Now remove your needles and pull on the yarn tail to close up the top of your hat. Weave in the loose ends. Now pull on the yarn tail to close up the base of your bottle holder. Weave in your loose ends.

ADDING A POMPOM!

- 1 Cut 2 cardboard circles, 7.5cm/3" in diameter, with a 2.5cm/1" hole in the centre.



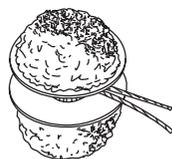
- 2 Thread your sewing needle with a long strand of yarn, hold the circles together and wind the yarn around the circle until it runs out.



- 3 Cut another length of yarn, and continue winding yarn around the cardboard circles until the card is covered and the hole closes up.
- 4 Using a pair of scissors, cut the yarn between the two pieces of card around the edge of the circle.



- 5 Tie a strand of yarn between the two cardboard circles to secure the centre of the pom-pom, and fasten with a tight knot. Now remove the cardboard circles.



- 6 Tidy up your pom-pom by trimming the shape with scissors.
- 7 Sew the pom-pom to the top of your beanie.
- 8 Finishing off your pom-pom by **weaving in the ends**.

THE TECHNIQUES

Work! Work! Work!

There are two main ways to 'work' stitches: they can be knitted or purled. When the pattern asks you to 'work' a number of stitches/rows/cm, it will always specify which stitch pattern to work in.

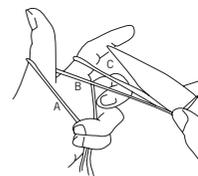
Long-tail cast on

This creates a nice elastic edge, suitable for stretchy items like ribbed edges. To make sure that the edge isn't too tight, you can cast on over two knitting needles held together.

1. Start by making a slipknot - the 'yarn tail' needs to be quite long for this cast on, hence the name! Place the slipknot on your knitting needle, and hold the needle in your right hand, with the yarn hanging straight down.

2. Now insert the thumb and index finger of your left hand between the two strands of yarn hanging from the needle, and then close your ring finger and little finger around the yarn to trap it.

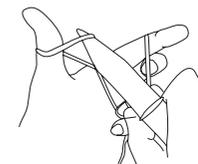
Stretch out your thumb and index finger as far from each other as possible, stretching the yarn taut.



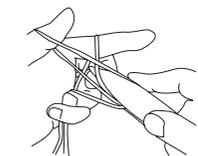
3. You will be using three separate strands of yarn:

- A: the strand which sits closest to you, in front of the thumb
- B: the strand that goes from the thumb to the slipknot on the needle
- C: the strand that goes from the needle to your index finger

4. Place the needle in front of A, then bring it under A and let it come up between A and B.



5. Now bring the needle over and behind C, and scoop the yarn (C) up with the tip of your needle.



6. Bring the needle tip with the yarn back between A and B (the same way you came before), so that it ends up in front of A. Now pull your thumb out from the yarn that's looped around it. Tug on the yarn to tighten up the new loop on your knitting needle, then insert your thumb again between the two yarn strands hanging down from the newly formed loop on your needle.

7. Repeat steps 4-6 to continue casting on stitches.

Knitting in the round

Knitting in the round using your circular needle produces a 'tube' of knitting rather than a flat piece - so you don't need to sew up any side seams! The right side of the fabric will always be facing out and the wrong side towards the inside, and so every row/round is a right side row/round.

Twisted rib stitch (in the round)

This is a variation on the 1 x 1 rib stitch that creates a neat, gorgeous rib pattern. When worked in the round repeat the following row: Holding the yarn ready to work a knit stitch, insert the right needle into the back of the next stitch on the left needle, with the tip of the right needle sitting behind the left needle. Wrap the yarn as for a normal knit stitch, pull through and complete the stitch: you have now knitted this stitch twisted. Now hold the yarn as if to purl the next stitch and insert the right needle into the back of the next stitch from left to right. Your right needle will be behind the left needle as you do this, and the tips of both needles will be pointing in the same direction. Wrap the yarn and complete as a purl stitch: this stitch was purled twisted. Repeat these two stitches.



Stocking stitch (in the round)

A basic stitch pattern where the 'right' side of the fabric looks like a series of 'Vs' and the 'wrong' side looks like a series of 'waves'. When worked in the round, knit all stitches on every round.



Decreasing

Instead of knitting only one stitch at a time, knit two stitches together. Insert the front of your right needle through the first two stitches on the left needle, then knit them together as a single stitch.